

**FIRST BAPTIST CHURCH
SERMON NOTES
JUNE 14, 2020**

**"SERMON IN A BAG: Focus"
Matthew 6:25-34**

"Therefore I tell you, do not worry about your life, what you will more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life? ²⁸ And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you— you of little faith? ³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

Our object for this morning is _____

And that got me thinking about the importance of _____

You see, _____

And what makes that SO important is that whatever holds your attention (your focus) also gets your energy and...

So, what or who is soaking up all of your attention and energy today? I will give you a minute. Is it...?

In the end, it doesn't matter because _____

The reality is that our focus is meant, by His design, to be upon

Focus anywhere else and the result will be _____

(Luke 10:41-42)

Remember, in life: " _____ !"

Here are some Biblical principles to help us keep our focus on "the main thing" (and which I found very helpful this week):

1) _____
(John 3:16, 17; Galatians 2:20)

2) _____
(Hebrews 11:5)

3) _____
(Hebrews 11:6)

4) _____
(Psalm 93:3-4)

5) _____
(1 John 4:4)

6) _____
(Romans 8:28)

When our focus is firmly on God, His Presence, Power and, Peace

What a great trade!

"This morning lets commit ourselves to keep our focus on the Presence of the Lord in our lives! He really is the main, and the best, thing!"